

VIBRANT LIFE



Living
Vibrantly
with Keith &
Elaine
Snyder

A Vibrant Family

Read a note from
Director of Marketing
Angie Carpenter.

BV Well-Being

Meet Director of
Wellness Becca
Rhoades Carver.

Holiday Bazaar

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with crafters Polly
and Don Winters.

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Come dine with us

Living Vibrantly:

Photos of our Residents

A Look into Life at Brethren Village



**“What Will My Life Look Like Here?”
It’s the question future Residents ask most
often. For Angie Carpenter, Director of
Marketing at Brethren Village, the answer
is simple; it’s vibrant.**

“At BV, living vibrantly means embracing each day with purpose, connection, and joy,” she explains. “It’s about belonging to a community where friendships flourish, opportunities abound, and you’re encouraged to live life on your own terms.” Whether it’s grabbing lunch with a neighbor, trying a new fitness class, exploring hobbies, or enjoying one of many social events, vibrancy here is not just a concept, it’s a lifestyle.

What sets BV apart, Angie notes, is the genuine sense of belonging. “You feel it from the moment you arrive. BV Residents become family,” she says. For her, the most rewarding part of her role is witnessing that transformation: “There is no greater feeling than seeing a prospect go from the challenges of making a major life change to then seeing them thrive in the community.”

Her advice? Don’t wait too long. “Life here isn’t something to put on hold—it’s a chance to have new experiences, meet new people, and live your most

vibrant, worry-free life with peace of mind that support is available when you need it.”

Call 717-581-4227 to schedule a tour.

“We offer the perfect balance of comfort, convenience, and care.”

Come *D*ine with Us!

You’re welcome to visit our culinary venues whenever you like. They’re open to everyone, so it’s a great chance to visit our campus and try dishes prepared by our chefs. Whether you prefer casual dining or a quick café meal, we have something for you, including:

MAIN STREET CAFÉ

Beverages, pastries, and ice cream

Hours:

Monday–Friday: 7:30 a.m.–2 p.m.

CHIVES AMERICAN GRILL

A sit-down restaurant

Hours:

Monday–Friday: 11:30 a.m.–6:30 p.m.

Saturday: 11:30 a.m.–3:30 p.m.
and 4:30–6:30 p.m.

Sunday Brunch: 11 a.m.–2 p.m.

For reservations, please
call 717-581-4350.

BISTRO AT VILLAGE CENTER

Casual dining

Hours: open daily

Breakfast: 7–10 a.m.
(No breakfast on Sundays)

Lunch: 11 a.m.–1:30 p.m.

Dinner: 4:30–6 p.m.



Living Vibrantly with Keith & Elaine Snyder

For Keith (78) and Elaine (79) Snyder, life at Brethren Village is best summed up by their own words: "We came here to live, not die." Since moving into their Northside apartment in 2018, the couple has embraced every opportunity to live vibrantly—especially in the Wellness Pavilion. Not big on exercise before coming to BV, Keith and Elaine now proudly call themselves "exercise enthusiasts." What began as a tentative visit to a fitness class quickly became a daily routine. "We weren't sure at first if we could keep up," Keith admits, "but now, attending classes and working out is part of our lives, and we've

never looked back." The couple especially enjoys the camaraderie and social connections that come with the fitness programs, noting they've made lifelong friends in the process. "Everyone here—staff and Residents—are genuinely happy," they said. The benefits go beyond friendship. Both Keith and Elaine say they feel more fit and flexible than ever and are committed to staying active so they can age in place. "It gives peace of mind and the freedom to do what you want to do," Elaine shares. Keith adds, "Brethren Village offers a totally different level of retirement. It's like living in a resort."



Their decision to move to BV was deeply intentional. After caring for Elaine's father years ago, they wanted to give their three children the gift of not having to worry about their future.

From volunteering in the library and mailroom to Keith's role as Treasurer of the Resident Council, the Snyders are deeply engaged in the community. They encourage prospects not to wait too long. "We came at a younger age to enjoy and appreciate living life to its fullest," Keith says. "People wait too long. We have no regrets."

"It's a gift to ourselves and our children."



Becca Rhoades Carver Provides Balance in Health & Wellness

For Becca Rhoades Carver, M.S., Director of Wellness at Brethren Village, wellness isn't just about exercise, it's about movement, joy, and community. "Wellness is moving," she explains. "Whatever moving you enjoy, walking, swimming, or fitness classes, we offer something for everyone. Find something enjoyable and you'll stick with it."

A Lancaster County native, Becca began her journey at Brethren Village working at the pool while in college. After earning her master's in Sport Administration, she returned to BV and in 2019 as Director of Wellness. Since then, she's expanded programming across all levels of care, ensuring that every resident, from independent living to skilled care, can participate in fitness activities tailored to their needs.

The Wellness Pavilion hosts 18 different types of classes each week, ranging from swimming and walking to themed pop-up events like 80s dance. Residents say the programs aren't just a workout, they're also fun. The supportive environment encourages them to try new things, while the structured schedule and variety of instructors keep routines fresh.

Becca finds the most rewarding part of her work in Residents' accomplishments. "When they're proud of themselves and say, 'I feel so much better,' that's why I love what I do," she shares.

To Becca, what makes BV vibrant is clear: "You're part of a real community. The togetherness, inclusivity, and welcoming are shown throughout the campus, including areas of wellness."



Membership Opportunities Available

Whether you're waiting to move to our community or exploring retirement options, we invite you to join one or more of our fitness programs.

To learn more about our classes, have questions, or to register, feel free to call the Wellness Team at **717-581-4235** or email wellness@bv.org.

SHELLY AQUATIC CENTER

- Use of the indoor heated pool with jetted spa.
- Activities include lap swimming, open, and swim classes.
- Hours for the pool are Monday–Thursday: 7 a.m.–noon, 1–3 p.m. Friday: 7 a.m.–noon

Waitlist: \$10 per day
Community Members: \$10 per day

FITNESS CENTER AT THE WELLNESS PAVILION

- Use of cardio and strength training equipment, and free weights.
- Open 8 a.m.–8 p.m. daily

Waitlist: \$250 for 3 months*
Community Members: \$300 for 3 months*

WELLNESS CLASSES IN THE STUDIO AT WELLNESS PAVILION

- A variety of classes are designed to improve and maintain a healthy lifestyle.
- Contact the Wellness Team for the class schedule.

Waitlist: \$80 (10 classes)*
Community Members: \$90 (10 classes)*

**non-transferable and non-refundable*

Handcrafted with Heart: BV's Christmas Bazaar

Each December, Wolfe Auditorium transforms into a Winter Wonderland as Brethren Village hosts its annual Christmas Bazaar. This year's event will be held on December 6, from 9 a.m. to 2 p.m., showcasing handcrafted treasures made by BV Residents and volunteers. From quilts and jewelry to cookies, ceramics, and woodwork, the Bazaar is a celebration of creativity, community, and generosity.

The tradition, in its current format, began in 2008 and continues to grow each year.

"We estimate nearly 1,000



hours go into preparing for the Bazaar," shares Joanna Rudisill, Director of Volunteer Services. "More than 75 Residents work on items throughout the year and over 35 help on the day of the event," making the Christmas Bazaar truly a labor of love. The proceeds directly benefit BV Residents.

"The Christmas Bazaar is more than holiday shopping—it's a vibrant reminder of BV's spirit: neighbors sharing their talents, supporting one another, and creating joy that lasts all season long."

Among the many hands contributing are Polly and Don Winters, Northside Residents of seven years. Polly, who once ran her own ceramics shop, now teaches a weekly ceramics class on campus with Don's support in the kiln. "No skill is needed," Polly assures. "It's relaxing and social." Some class creations, like

the popular ceramic Christmas trees, make their way to the Bazaar. And classes like ceramics exemplify the ethos of BV, even long after the holiday season has passed. "You can live the way you want to live here," the Winters say. "There are plenty of activities to be involved in."



Our Residents Live Vibrantly



Top: Residents participated in an exciting culinary adventure in Havre de Grace, MD, as part of a progressive dine around.

Middle: BV won over 100 medals this year at the Lancaster County Senior Games at Spooky Nook in May. BV had the most participants and medaled in 26 out of 39 events.

Bottom: All aboard! Residents traveled to Washington, D.C. for a lunch cruise aboard the Odyssey and explored the Smithsonian museums afterward.



Top: Play ball! Residents watched the Phillies and Orioles face off in the first game of a thrilling three-game series at Citizen Bank Park in Philadelphia.

Middle: Seven teams participated in the 3rd Annual Summer Blast Cornhole Tournament in Fieldcrest's Great Room in August. In the end, the Corn Cobs took the top spot.

Bottom: Residents traveled back in time to the 1980s for a totally awesome dance party in the Wellness Studio in August.



Top: Residents tried their hand at axe throwing in Fieldcrest's Great Room in July. Don't worry, it's all very safe – just rubber and plastic.

Middle: The Villagers, again, held on to claim the title of Summer Wii Bowling Champions.

Bottom: Congratulations to Bill Evans for hitting two milestones. Bill participated in Summer Wii Bowling and his score of 223 launched him into the "200 Club." Just a few days later, Bill nailed another major milestone – his 102nd birthday.

Top: Working out was a blast during this Beach Boys-inspired fitness class.

Middle and Bottom: Resident suited up for a skydiving lesson at iFly Indoor Skydiving in King of Prussia. The bus trip let Residents explore their adventurous side.

TO BUILD A
VIBRANT
COMMUNITY,
IT TAKES A
VILLAGE.

B Brethren Village
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the next step?



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