

THE Villager

A Publication Of Brethren Village

BV Resident Spotlight: Brian & Wendy Albright

When Brian and Wendy Albright got married in Brethren Village's chapel in 1989, they didn't foresee moving here nearly 30 years later. But that's exactly what they did in November. They relocated to Brethren Village's independent living Village Townhouses on Brian's 62nd birthday—the very first day they were eligible to reside here—making them among our youngest current Residents.

You might be wondering why this couple, when in their early 30s, decided to get married at Brethren Village Retirement Community. Essentially, it was a practical matter. "We were looking for a venue for a small wedding, and someone suggested the Chapel here," says Brian. Wendy adds, "We visited, liked it, and decided to get married here." It was that simple.

The two Lancaster County natives got acquainted while growing up as neighbors in Leola. They lost touch after high school, but one day about 15 years later, Brian noticed Wendy working at Park City. He stopped to chat with her—and six months later, they were married.

Over the past three decades, they have pursued fascinating hobbies; have cared for fish, lizards, a bird, and a dog; and have held several jobs. In fact, Brian and Wendy both still work part time.

So why would they move to a retirement community at such a relatively young age?

Wendy says, "We wanted to acclimate ourselves to Brethren Village while we're young enough to enjoy the community and all that's offered here." And if health issues ever arise, the care they need will be close at hand. The Albrights don't have children to help out as they get older and desired the security of living at a CCRC (continuing care retirement community, also known as Life Plan Community).

Having no yard or maintenance work was also appealing, and being within walking distance of a restaurant and other services was a huge plus. Though they visited many retirement homes in the Lancaster area, they favored the



sense of community they found here, as well as the social activities and programs.

Wendy also liked the "ambiance of our building and the appearance of our apartment." Brian is quick to mention that living in the Village Townhouse is affordable and "everything is close to where we live—the Bistro, bank, store, and library." From an economic standpoint, they love the "great specials" at the Bistro and that Wi-Fi, TV, and taxes are all included in their monthly payment.

They put their name on the Brethren Village waiting list five years before moving here. Over several years, they visited most of the retirement communities participating in the cooperative "Explore Retirement Living Open House" held annually in the fall. Eventually, the staff at Brethren Village knew them by name. Wendy recalls that "everyone at Brethren Village was so welcoming."

So, have other Residents noticed these youthful Residents? "Oh, yes," says Wendy, and all of their older neighbors and acquaintances have been exceedingly friendly and helpful to these youngsters, who are still employed.

Brian works part time at Giant in the produce department, while Wendy is employed part time in her church's office. Previously, Brian worked for the postal service for 33 years, retiring after many years as a mail handler in 2011.

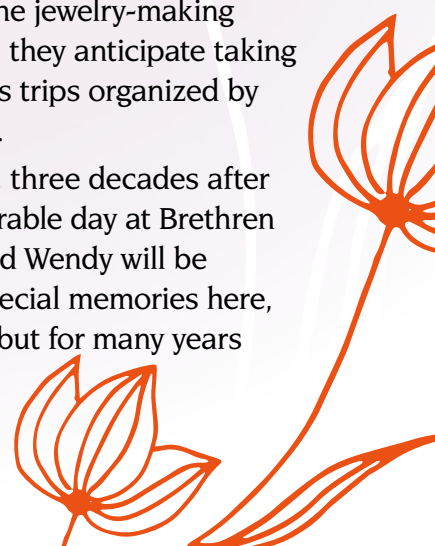
Besides Wendy's job at Park City, she held several clerical positions, including for a district justice.

And in their spare time? Brian plays guitar; does woodworking, mostly with exotic woods; and reads books about art, science fiction, and fantasy, as well as classics. Wendy enjoyed crocheting for many years, but now mostly does intricate beadwork to make lovely jewelry and decorative items. She reads Victorian novels and is a member of the Jane Austen Society of Lancaster.

Together, they enjoy visiting art museums; Longwood Gardens in Kennett Square; and the Winterthur Museum, Garden, and Library in Delaware.

The Albrights are now considering how they want to spend their leisure time at Brethren Village. Brian plans to use the pool and fitness center and would like to start gardening. He's also interested in shuffleboard, ping pong, billiards, and competing in the Senior Olympics. Wendy hopes to volunteer at the library, use the whirlpool, and eventually join the jewelry-making group. Together, they anticipate taking advantage of bus trips organized by Brethren Village.

It's clear that, three decades after their first memorable day at Brethren Village, Brian and Wendy will be making more special memories here, starting in 2019 but for many years to come as well.





3001 Lititz Pike,
Lititz, PA 17543
Telephone: 717-581-4227 or
800-367-9899

www.bv.org



OUR VISION

Enriching each life touched by our ministry at Brethren Village.

OUR MISSION

Rooted in the tradition of service within the Church of the Brethren, the mission of Brethren Village is to provide a continuum of services and Christ-like care to support the aging process and to enhance the spiritual, physical, social and emotional wholeness of Residents, Team Members, and community.

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If you wish your name removed from the mailing list to receive future newsletters or fundraising materials supporting Brethren Village, please send a written request to: Development Department 3001 Lititz Pike, Lititz, PA 17543.

The official registration and financial information of Brethren Village may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Finding Hope, Humor, & Heart in Caregiving

Featuring Elaine K. Sanchez:
Caregiver speaker, author, and
co-founder of CaregiverHelp.com



Caregiving is a richly rewarding experience, but often comes with enormous pressures and responsibilities. Sometimes, it even comes with unavoidable laugh-out-loud oddity. In her book, *Letters from Madelyn: Chronicles of a Caregiver*, Elaine K. Sanchez recounts the tale of her mother, Madelyn Kubin, a 70-year-old Kansas farm wife and caregiver to Elaine's father Quentin. Through her letters, Madelyn demonstrates how it is possible to experience mental and spiritual growth even in the very worst end-of-life situations. And above all, how to keep hope and humor alive through the pain.

A masterful storyteller, Elaine incorporates hope, humor, and heart into her keynotes, breakout sessions, and training events for family and professional caregivers. She writes blogs and articles for numerous magazines and online publications, including the Caregiver Blog on her website and the Huffington Post.

Please join us for a
Brethren Village
**Care for the
Caregiver Event**

**Tuesday, April 30
at 6:00 p.m.**

in Wolfe Auditorium at
the Welcome Center.

Refreshments and light
hors d'oeuvres will be served.

Space is limited.
Call 717-581-4438 or register online
at [//www.bv.org/caregiver](http://www.bv.org/caregiver).

There will be a drawing to receive one of 10 copies of Elaine's book, *"Letters from Madelyn: Chronicles of a Caregiver,"* at the event.

Are You a Follower? Be sure to follow Brethren Village on Facebook, Twitter and YouTube for the latest news and events!



Expanded Shuttle Services

Open Up Easy Access to Lifestyle Options for Our Residents

When U.S. News & World Report ranked Lancaster No. 1 of best U.S. places to retire in 2019, it noted our region's "rolling farmland," "manicured suburbs," "bustling city," and "close-knit church communities."

Here at Brethren Village, we couldn't agree more with that selection, and we're happy to be right in the middle of it. From our vantage point, we are surrounded by farmland, suburbs, and church communities. Plus, we're just a few-minutes drive from the vibrant city of Lancaster and the charm of downtown Lititz.

We know what treasures we have in our own backyard, and we are taking strides to help our Residents enjoy the opportunities these destinations offer. Our prime geographical location within Lancaster County presents our Residents with an abundance of choices, including more than 100 businesses within in a few miles. These options include restaurants, grocery stores, specialty shops, banks, health care services, parks, and a golf course.

In the fall of 2018, we announced upgrades to our on demand shuttle and medical transportation services. Residents who cannot or choose not to drive are benefitting from the convenience of these life-enriching services. These improvements save them time and gas money and increase their freedom and flexibility.

Our courtesy on demand shuttle takes Residents anywhere they wish to go on the 501 North Corridor from the Shoppes at Bloomfield Village to the Shoppes at Kissel Village and everything in between. We even help them load and unload their packages! To arrange a ride, Residents simply call the shuttle driver directly—or we can do it for them. This service is provided Monday through Friday, with pickup between 7:00 a.m. and 3:00 p.m. In addition, the shuttle transports Residents to Sunday Chapel services.

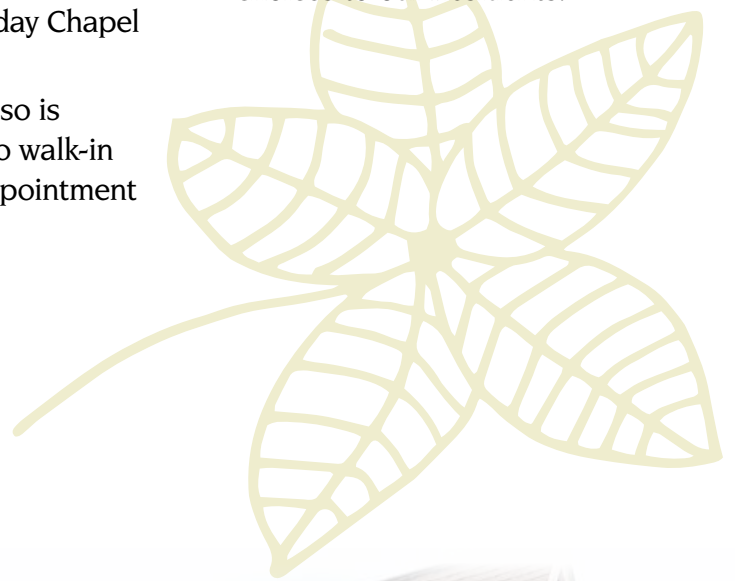
The on demand shuttle also is available to take Residents to walk-in medical clinics, where no appointment

is needed. For scheduled appointments, Residents can arrange for our improved medical transportation service.

The medical transportation service is better meeting the needs of our Residents by decreasing their wait and travel times for health care appointments. This fee-based service transports Residents to scheduled appointments at doctor's offices, clinics, and hospitals. Residents can choose to share transportation with fellow Residents or opt for private medical transport at an additional cost. Fees are also based on travel distance and time needed for transport.

Our transportation options are just one example of the ways we continually expand our lifestyle services to bring exceptional convenience and more choices to our Residents.

Our courtesy on demand shuttle takes Residents anywhere they wish to go on the 501 North corridor and to other major shopping centers. We even help them load and unload their packages!





Thanks a Million!

Mark your calendars for Thursday, April 11, 2019 and join us for the 18th annual Brethren Village Good Samaritan Banquet held at Middle Creek Church of the Brethren. Since the first banquet in 2002, nearly \$1 Million has been raised for the Good Samaritan Fund through your generous support. We hope that you can join us this year as we anticipate surpassing the \$1 Million mark at the event.

For your enjoyment, Brethren Village's amazing dining team will prepare delicious treats for the much-anticipated opening reception. You'll have the opportunity to visit with old friends—and make new ones, while learning how Brethren Village's ministry is still thriving after 122 years. Enjoy videos and entertainment from talented and promising young musicians from Cavod Academy in New Holland.

New sponsorship opportunities are now available! If you would like to attend or be a sponsor you can do so online at www.bv.org/banquet or by calling Samantha Rineer, Development Associate, at 717.581.4316. Reservations are due by March 28. We look forward to seeing you there and appreciate your support!

Don't take our word for it—here's what past attendees are saying about the banquet.

"I choose to be supportive of the Good Samaritan Banquet because of Brethren Village's mission to serve others and to accept responsibility to be good stewards and respectful of the foresight and dedication of our ancestors as BV looks and moves forward into the future."

Carroll L. Kreider, Emerita / Board of Directors

"I always heard about the wonderful food at the Good Samaritan Banquet, and last year we were blessed to attend as the guest of a generous friend. The food didn't disappoint, but what surprised me most is how much the stories shared at the banquet opened my eyes to Brethren Village's ministry through the Good Samaritan Fund. I feel that I received as much as I gave, and now plan to make this a must attend event!"

Naomi Johnson / Brethren Village Resident

NEW RESIDENTS

August 2018

Robert & Janet Kemp, Fieldcrest, formerly of Lancaster, PA

September 2018

Larry Ness, Fairview Meadows, formerly of Lancaster, PA

Joan Corradino, Fairview Meadows, formerly of Lancaster, PA

Jean Ducoat, Fieldcrest, formerly of Lititz, PA

Sallie Hoppert, Fieldcrest, formerly of Lititz, PA

Eileen Meshew, Cottage, formerly of Lancaster, PA

Luz Babilonia, Village Garden, formerly of Mount Joy, PA

Elizabeth Trostle, Fieldcrest, formerly of Lancaster, PA

Leo Shank, Village Townhouse, formerly of Mount Joy, PA

October 2018

Richard & Lois Millhouse, Fieldcrest, formerly of Lancaster, PA

William & Elizabeth Martin, Village Townhouse, formerly of Lititz, PA

Leroy Saylor & Rose King-Saylor, Fieldcrest, formerly of Lititz, PA

Ronald & Joyce Benedict, Fieldcrest, formerly of Brownstown, PA

Omer & Martha King, Fieldcrest, formerly of Fayetteville, PA

Joan Clarkin, Fieldcrest, formerly of Lancaster, PA

Sandra Wright, Fieldcrest, formerly of Bausman, PA

Richard & Patricia Berry, Cottage, formerly of Bird In Hand, PA

Jean Larrimore, Fieldcrest, formerly of Wilmington, DE

November 2018

Lynette Mackey, Fairview Meadows, formerly of Landisville, PA

Patricia Nock, Fairview Meadows, formerly of Manheim, PA

Roger & Mary Killian, Northside Court, formerly of Elizabethtown, PA

Anna Witmer, Oakwood House, formerly of Lancaster, PA

James & Arlene Slotter, Fieldcrest, formerly of Lancaster, PA

Brian & Wendy Albright, Village Townhouse, formerly of Lititz, PA

Mary Horton, Fieldcrest, formerly of Lititz, PA

December 2018

James & Margaret Siglin, Fieldcrest, formerly of Lancaster, PA

Frank & Sandra Fox, Village Townhouse, formerly of Lancaster, PA

Bonnie Arthur, Fieldcrest, formerly of Lancaster, PA

John & Nancy Hershey, Cottage, formerly of Harborton, VA

Shirley Martin, Fieldcrest, formerly of Ephrata, PA



SAVE THE DATE

Our annual golf tournament is set for September 12, 2019 at Iron Valley Golf Course in Cornwall.

Check our website in June for details and registration.



BV OLYMPICS

During the week of October 8–12 2018, Brethren Village kicked off its first-ever Olympics!

Events were held on land and in the pool. The week started with a ceremonial lighting of the torch and a walk around campus passing the Olympic torch along the way. Events continued throughout the week and included Wii bowling, tractor pulls, basketball foul shots, corn hole, bocce, pool games and even ladder golf! 175 Residents and Team Members participated in 20 events, and took home 217 medals. Great work team BV!





Snow Tubing

On January 22 our Residents enjoyed a beautiful evening snow tubing at Avalanche Xpress in York, PA. 14 Residents went on the trip, and for some Residents it was their very first time tubing! 83 year old Resident Carl Risser took his runs down the mountain head first... and walked back up each time to do it again! Our Residents love taking adventure trips so much that they're going zip lining (again) at Refreshing Mountain in June. Stay tuned to the BV YouTube Channel for updates on all of our adventure trips.



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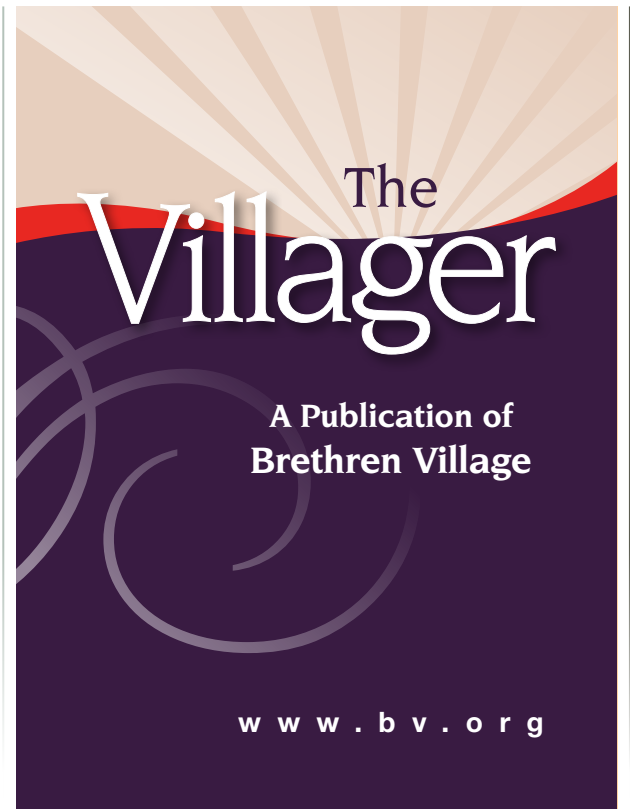
Expanded Shuttle
Services



BV
Olympics



3001 Lititz Pike, Lititz, PA 17543



COFFEE WITH A COP



In December Brethren Village hosted its second Coffee with a Cop event in the Bistro with the Manheim Township Police. Coffee with a Cop provides an opportunity for Residents to ask questions, voice concerns and to get to know their local police officers. Questions ranged from speeding to pothole concerns. One Resident commented: "It was a privilege to have a nice chat with the community police officers and to enjoy coffee with them. I had a great time!"

