

THE Villager

A Quarterly Publication Of **Brethren Village**

Living a "Thrilling" Retirement

As you approach the Wilson's apartment in Fieldcrest, you can tell right away you're at the right one. Sitting on the shelf outside their door is a plastic Mickey and Minnie Mouse roller coaster that dispenses candy when you push their coaster car down the hill. "It was a gift from our grandkids," Richard smiles.

Richard and Mary Wilson, BV Residents for almost two years, are not your typical retirees. Sure, they enjoy baseball games and long walks, but their passion is riding roller coasters. In fact, Richard celebrated his 80th birthday at Knoebels, riding the Phoenix wooden roller coaster five times in a row. For the celebration, Knoebels opened the Phoenix coaster an hour early, just for the Wilson family. As Richard and Mary approached the ride that day they saw about 30 family members waiting in the Phoenix coaster car, a ride that one of their grandsons now runs, and Richard has ridden "at least 100 times."

Richard has always been fond of roller coasters. He rode his first when he was six years old and admits it's still the "air time" he enjoys most. "When you're moving that quickly and you leave your seat, you know it's a good ride. We like the wooden coasters best, the steel ones just don't compare." In fact, Richard and Mary have a goal of riding every wooden roller coaster in the country. "Originally our plan was to ride every roller coaster, but in the 1990s a new track design debuted and steel coasters sprang up quickly, sometimes 50 or more in one year! We just couldn't keep up, so we refined our quest to the wooden

For the Wilson's, retirement is having the time to anticipate the next thrill.



variety." Three of their four children (and all 10 grandchildren) share their love of roller coasters.

The Wilson's fondness for coasters even transcends their marriage. They spent their 40th anniversary participating in an ACE (American Coaster Enthusiasts) Fundraiser at Lakemont Park in Altoona. They rode Leap the Dips (the oldest wooden roller coaster anywhere in the country) 94 times! "Richard promised me a fun day and a good anniversary dinner. But because we ended up riding the coaster all day, from about 8AM-6PM, no restaurants were open. We ended up having a good turnpike sandwich for dinner on the way home," Mary laughs.

Richard is already planning on celebrating his 82nd birthday this year with a trip to Branson, MO to ride a new wooden coaster that just took its maiden voyage on March 15th. "That one is unique because it has corkscrew twists as

opposed to just hills," he explains. Their future plans include riding a coaster being built outside of Orlando in FL and an ACE convention south of San Francisco where a new wooden coaster is being built. Richard also has aspirations to ride a coaster on his 100th birthday. Mary shakes her head, "I'll sit that one out."

As if riding every wooden coaster in the country isn't ambitious enough, the Wilson's are also committed to visiting every baseball stadium and doing a Volksmarch (a 10K trailed walk, of German origin) in all 50 states. "We were making good headway on the stadiums, but then several teams tore down their stadiums and built new ones. They're keeping us on our toes!"

For the Wilson's, retirement is having the time to anticipate the next thrill. Every year is an exciting adventure, where the path may wind around a scenic trail or take them plummeting down a 200-plus foot drop.

BV Congratulates Josh Martin, 2012 Servant of the Year

Josh Martin, security, was honored at the Team Member Banquet as the 2012 Servant of the Year. In his relatively short tenure at BV, Josh has been involved in many emergency situations and has handled them in a proficient and professional manner. The most well-known of these emergencies occurred in May 2012 when



Josh (left) is thanked by BV president John Snader at the Team Member Banquet.

Josh responded to a fire in Oakwood House, where he is commended for his professional action, quick thinking and putting his training to action in containing the fire as well as directing the fire department to the scene. And who, along with many other Team Members, immediately

responded to the fire emergency call and assisted getting all Residents to safety.

In addition, as a dedicated security Team Member, Josh willingly works extra shifts as needed and has often reported for duty on very short notice to cover emergencies or unscheduled shift openings. He has also rearranged his personal plans to accommodate the needs of the department. Josh's career goal is to become a law enforcement officer.

Summer 2013

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Our Vision

Enriching each life touched by our ministry at Brethren Village.

Our Mission

Rooted in the tradition of service within the Church of the Brethren, the mission of Brethren Village is to provide a continuum of services and Christ-like care to support the aging process and to enhance the spiritual, physical, social and emotional wholeness of Residents, Team Members, and community.

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The official registration and financial information of Brethren Village may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

BV Auxiliary Announces 2013 Financial Pledges

Crucial to the success of the Village, the Brethren Village Auxiliary serves the campus community in a variety of ways from organizing fundraisers to providing volunteers. The Auxiliary's income sources stream from the Gift Shop, Village Stores, Thrift Shop, memberships and donations.

The Auxiliary has identified several key initiatives that they will financially support in 2013 for the betterment of Residents, Team Members, friends and visitors of the community. These initiatives total \$125,642 and include:

- Low air loss mattresses in The Courtyards to aid in the treatment of pressure ulcers.
- Vital sign monitors on carts in The Courtyards.
- Recliners specially designed to repel stains for use in The Courtyards.
- New chapel entryway (2nd year of two-year pledge).
- Campus alerting system designed to notify residents of emergencies via automated dialing, texting and e-mail.
- Lightweight folding tables to replace older, heavier tables.
- Octane seated elliptical machine for Fieldcrest Fitness Center — used by people not capable of standing for extended periods of time.
- Assisted Chin/Dip machine for Fieldcrest Fitness Center — used to promote upper body strength.
- Proofing Box used to make a variety of homemade breads.
- 14 passenger replacement shuttle bus (1st year of two-year pledge).
- Renovation of creative arts room

From new projects to ongoing campus improvement efforts, the Auxiliary welcomes new Residents and those in the community who would like to become involved. For more information on the Auxiliary, please contact Holly Began, Volunteer Services, at (717) 581-4251.



New Outpatient Therapy Clinic

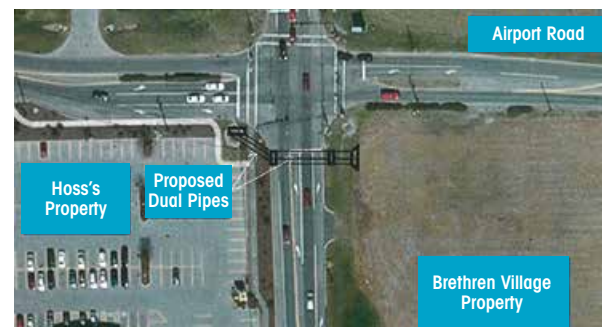
Aegis Therapies has opened a new Outpatient Clinic across from the Terrace Crossing Fitness Center. The new clinic is in addition to the current location which provides service to The Courtyards. Currently, laws restrict therapists from seeing inpatients (residents in The Courtyards) and outpatients (residents who live in any of the residential or personal care homes on campus) together

at the same time in the same room. With the opening of the Outpatient Clinic, Aegis will have the opportunity to be flexible with scheduling appointments and will be able to spend quality time helping Residents achieve therapy goals. Therapists will also have use of the fitness center, thus enabling a smoother transition between therapy and wellness programs.

Route 501 Lane Closure

Brethren Village will be installing a double pipe drainage system under Rt. 501 during a four-week period spanning from June through July 2013. The drainage system is being installed to reduce the flooding that occurs on Brethren Village property at the corner of Rt. 501 and Airport Road during severe storm events.

Rt. 501 is expected to be reduced to one-lane traffic from the hours of 9AM to 3PM, Monday through Friday for most of the construction period. However, the lane restrictions and work hours may vary, as these are dictated by PennDOT. Please plan your travel times and patterns to avoid any inconvenience.



SAVE THE DATE!



BV Golf Tourney on September 12

Brethren Village's 23rd Annual Golf Tournament at Foxchase Golf Club, Stevens, PA will be held Thursday, Sept. 12, 2013, rain or shine. The tournament will include an AM and PM scramble, with registration beginning at 6:30 AM and 12:30 PM. Registration fee includes greens fees, cart, and meals.

Proceeds benefit the Good Samaritan Fund which provides continuing care and financial assistance to Residents who find themselves unable to pay the full cost of their care.

Reservations for sponsorship opportunities are currently underway and various levels are available such as a hole sponsor, patron sponsor and prize sponsor. If you would like additional information on ways to support this event, please contact Joanne Stehr, Director of Development, at (717) 581-4316 or joannes@bv.org.

The BV Wellness Department recently held a physical activity challenge

for Team Members. Strides for Health, a Highmark BlueShield initiative, helped Team Members get moving and increase daily activity. The friendly competition had 36 Team Members organized into 3 teams which were coached by Wellness staff. For 8 weeks, participants tracked their exercise minutes and were encouraged to use BV's on-site fitness centers and pool. A grand total of almost 80,000 minutes were logged!

At the end of the program, Michele's Mobilizers came in first place with 31,500 minutes logged. Congratulations to all of the participants for making wellness a priority! The Wellness Department looks forward to its next challenge which will be nutrition-based.



"The Team Member challenge has been great, it really helped put me back in line. I feel awesome and am looking forward to the next challenge. Thank you!"

—Kathy Kuhns
Dining Services

IRA Charitable Rollovers Extended through 2013

Going, Going, Gone?

By: Charles F. Few, Planned Giving Counselor

In 2006, the Federal Government created a bill that allowed for charitable contributions to be made directly from an individual's IRA. As usual, there were certain stipulations that had to be met. In the right situation, however, it provided an effective means to gift money to a favorite charity while providing tax advantages to the giver. Since its inception, this win-win opportunity has been renewed each year by Congress. Brethren Village has been honored and thankful to have received numerous IRA Charitable Rollovers as gifts over this period of time.

Whether or not the government will continue to allow such IRA Charitable Rollover gifts beyond this year is not certain. However, they can definitely be done this year, 2013. If gifting from an IRA holds some interest for you, now is a good time to investigate the possibilities.

The requirements for making such a gift are simple and straightforward.

- The donor must be at least 70 ½ years old when the gift is made.
- The gift cannot exceed \$100,000 per individual (\$200,000 per couple) in a given year.
- Transfers must be made from the IRA Administrator directly to the charity.
- It must be an outright gift and not used to fund a Charitable Gift Annuity or Charitable Trust.
- The donor cannot receive any goods or services for making the donation.
- The money cannot be made to a donor advised fund or to a supporting organization.

Brethren Village welcomes your consideration of an IRA Charitable Rollover gift. We are committed to our tradition of providing a continuum of services in a Christ-like atmosphere. In order to maintain the high standards of caring we historically have provided, continuous and exceptional stewardship of our resources is necessary. The financial generosity of Residents, Team Members and friends helps significantly in continuing our ministry of providing quality care and essential services to residents in need of supplemental and benevolent care.

If you would like to explore the advantages of making an IRA Charitable Rollover this year, please contact Chuck Few, (717) 581-4274, cfew@bv.org, or Joanne Stehr, (717) 581-4316, joannes@bv.org, in the Development Office.



LET'S TALK!

Brethren Village Receives Environmental Award

"BV is proud of its continuous green efforts to protect the environment."

Brethren Village is proud to report that one of their environmental initiatives has reduced their carbon footprint by over 13,000 pounds of CO₂ annually. The award was given by Cope Salt Company to Brethren Village, our Residents, and Team Members for BV's use of an AUTOBrine[®] system which saves CO emissions. BV's use of the patented automatic brine delivery system uses bulk salt to eliminate the need for dried bagged salt. The use of the AUTOBrine[®] allows Brethren Village to avoid sending 2,683 plastic bags to the landfill each year in addition to pallets and stretchwrap. BV is proud of its continuous green efforts to protect the environment.



Todd English, maintenance supervisor, presents the award to Connie Brown, head of BV's Environmental Committee



CALENDAR OF EVENTS

Tuesday, May 14: BV Choir spring concert in Wolfe Auditorium at 7 PM

Wednesday, May 15: BV Choir spring concert in Fieldcrest Great Room at 7 PM

Sunday, May 19: Praise Gathering for Believers in the Chapel at 3 PM

Tuesday, May 21: Roe Family Band in Wolfe Auditorium at 2PM

Wednesday, May 22: Men's Choir Concert in Wolfe Auditorium at 7 PM

Thursday, May 23: AARP Chorus Spring Musical in Wolfe Auditorium at 2 PM

Sunday, June 9: BV Performing Arts presents Holly Workman, violinist in Wolfe Auditorium at 3 PM

Wednesday, July 31: Summer Communion in the Chapel at 2 PM



WELCOME to New Residents

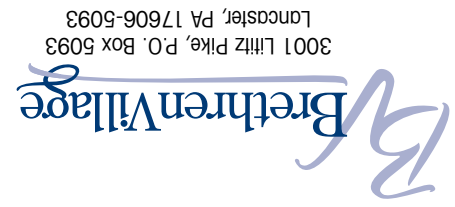
Apologies to the following residents not listed in the Spring 2013 Villager

Jan 2013 — Doris Andrew, Village Garden, formerly of Lancaster, PA
Feb 2013 — Barbara Hartcom, Village Garden, formerly of Manheim, PA
Feb 2013 — Elaine Hessen, Fairview Meadows, formerly of Lancaster, PA

MARCH 2013
 Donna Noland, Village Garden, formerly of Landisville, PA
 Richard & Esther Hicks, Fieldcrest, formerly of Charlestown, MD
 Shirley E. Brown, Village Townhouse, formerly of Lancaster, PA
 A. Harvey Frey, Village Townhouse, formerly of Elizabethtown, PA
 Donald & Mary LeFevre, Fieldcrest, formerly of Ephrata, PA
 Jack & Billie Forsh, Fieldcrest, formerly of Lancaster, PA

APRIL 2013
 Barbara Sherry, Fairview Meadows, formerly of Litz, PA
 Virgil & Floy Kover, Village Townhouse, formerly of Manheim, PA
 Harold & Anna Eckert, Village Townhouse, formerly of Ephrata, PA

MAY 2013
 Thomas & Jean Taylor, Fieldcrest, formerly of Ephrata, PA
 Ellen Hayes, Fieldcrest, formerly of Litz, PA
 Jerry & Peggy Carvell, Cottage, formerly of Litz, PA



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