A Publication Of Brethren Village

## Virtual Village: Helping all seniors find the information they need to live well.

www.bvvirtualvillage.org

#### Introducing Our New, Online Community Resource: The Virtual Village.

With more than 100 years of experience helping seniors from all walks of life, we've learned a lot about retirement living and caregiving. With our new BV Virtual Village, we're sharing this knowledge with you and your family, regardless of whether you ever set foot on our campus.

The BV Virtual Village is a great way to learn about all of the options available to seniors for retirement living, personal care and more. Caregivers can also benefit from helpful tips and advice for providing care for their loved ones

and taking care of themselves as well. Just a few clicks can answer many of your questions!

If we can't provide the answers ourselves, we'll direct you to organizations that can help, such as healthcare services, government resources and other providers. If you have a question about retirement living or caregiving, we invite you to visit the BV Virtual Village, where all you have to do is ask.

#### Caring for the **Caregiver Event**

Thursday, October 9 at 6PM in Wolfe Auditorium for

#### Taking Care: Insight and Tips for the Caregiver.

Peter Rabins, MD, MPH — renowned author and long-time faculty member at Johns Hopkins School of Medicine, specializing in psychiatric symptoms,



Alzheimer's and memory loss discusses the three major elements of caregiving: the emotional side, the day-to-day side and what next steps might be in store, in terms of care.

Registration is required and available online: www.bv.org/caregiver or by calling 717.581.4438.

The first 25 registrants will receive a copy of Dr. Rabins' book: The 36-Hour Day.

#### Join Us for Our 4th Annual Open House Event Saturday, Oct. 18 from 10AM-4PM

**Prospective Residents and** community members are invited to truly explore all that Brethren Village has to offer by attending our FREE Fall Open House Tour on Saturday, October 18, 2014, from 10AM-4PM. Registration begins at the Fieldcrest Building Entrance C, located by entering our campus at Fieldcrest Drive and Rt. 501.

You'll have the opportunity to explore Residential and Personal Care options at your leisure, tour new amenities, plus enjoy refreshments from BV's Dining Services. No reservations are needed.

- Residential living cottage and apartment tours
- Personal Care and memory support apartments, services and amenities tours
- Workshop, fitness center and other buildings open
- Refreshments
- Shuttle service available (Enter campus from Lititz Pike at Fieldcrest Drive and follow Open House signs.)

Joining forces with 17 other retirement communities in Lancaster County, our BV Open House Tour will allow visitors to find more to explore in our community as part of the "Explore Retirement Living Open House Tour" event. For a full list of participating communities, please visit www.exploreretirementliving.org.

Thank you for your interest in our Open House on October 18. We look forward to welcoming you!



#### Fall 2014

Official Publication of Brethren Village Retirement Community



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www.bv.org www.facebook.com/BrethrenVillage



Our Vision
Enriching each life touched by our ministry at Brethren Village.

Our Mission
Rooted in the tradition of service
within the Church of the Brethren, the
mission of Brethren Village is to provide
a continuum of services and Christ-like
care to support the aging process and
to enhance the spiritual, physical, social
and emotional wholeness of Residents,
Team Members, and community.

#### **Board of Directors for 2014**

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Brethren Village is an Equal Opportunity Employer











#### **Opt-Out Policy**

If you wish your name removed from the mailing list to receive future newsletters or fundraising materials supporting Brethren Village, please send a written request to: Director of Development, 3001 Lititz Pike, P.O. Box 5093, Lancaster, PA 17606-5093.

The official registration and financial information of Brethren Village may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999.

Registration does not imply endorsement.

#### BV Announces Two New Directors

Brethren Village welcomes Dale Weaver, Director of Technology, and Rick Chambers, Director of Dining Services.

Dale Weaver, the newest member of BV's Executive Management team, joins us from Siemens where he worked with hospital customers as the Manager of Clinical Product Management. In that role, Dale owned aspects of electronic health record (EHR) software including technology, architecture, security, and reporting. He earned his electrical and computer engineering degree from Grove City College and his MBA in Finance from Penn State.

Dale's first focus is investing in the Technology personnel and "brand," although he also is eager to become further involved at BV and in the community. Dale is a graduate of Manheim Township High School. He and his wife live in Lancaster and attend Calvary Church.

A native of Lancaster County, Rick is not a stranger to Brethren Village. He was previously employed with BV's dining services and has additional



Dale Weaver Director of Technology



Rick Chambers Director of Dining Services

experience in the senior living industry including Willow Valley, The Highlands and most recently, Bethany Village.
Earlier in life, Rick opened his own fine dining restaurant, inn and reception site, The Railroad House in Marietta, with his wife Donna. Their success as restaurant owners garnered national press in Bon Appétit, Colonial Homes Magazines, Philadelphia Sunday Inquirer, HGTV's If Walls Could Talk as well as local press and numerous appearances on WGAL's 12:30 Live program.

Rick and Donna are members of the choir and the social justice committee at St. Joseph's Church in Lancaster.
A graduate of Gettysburg College, Rick enjoys playing golf in his free time.



The Brethren Village
Annual Appeal
is an opportunity
to provide for
our Residents in
financial need.

#### BV's Annual Appeal Coming Soon!

Your gift to Brethren Village's Annual Appeal directly impacts our Residents' lives who are in need of financial assistance. Your support helps us continue to enhance their lives and provide an environment of caring and concern in a community where our Residents can age in place. There is no price tag on comfort, security, peace of mind and hope.

Brethren Village anticipates unreimbursed costs in excess of \$2 million this coming year. Government assistance and supplemental insurance do not cover the full cost of providing day-to-day care to our Residents who have exhausted their resources. With your support, they have peace of mind knowing that Brethren Village will continue to provide them with the uninterrupted quality care and services they need.

Your opportunity to support BV's Annual Appeal will be coming later this fall. Can we count on your support?

For more information on ways to give or to give online, please visit: http://www.bv.org/giving/events-and-appeals.asp



#### **Christmas Concert**

Tuesday, December 9, 2014 2:00 PM, Wolfe Auditorium.

#### Giving From the Heart

A Musical History of Christmas Carols Performed by Otis Kitchen and Chuck Few.

BV Resident Otis Kitchen (piano) and BV Team member Chuck Few (trumpet) have been involved in music since they were very young. For many years, both were fortunate to have the advantage of outstanding teachers who taught and inspired them. As students and then as performers and teachers themselves, music has always been, and remains, a significant part of their lives.

Like many things in life, giving back and sharing our gifts and talents with others is what it's all about.

This December, Otis and Chuck will be presenting a musical gift to Brethren Village. The program will be a presentation and performance of the history of Christmas carols through the ages. Please join us at 2:00 PM in Wolfe Auditorium on Tuesday, December 9. There is no charge for the concert. It is a gift and a giving back offered by two musical friends.

#### Meet Linda Heck, Residents' Council President

Linda and Elvin Heck, who celebrate their 45th wedding anniversary this month, moved to Brethren Village seven years ago after a decade of research and planning. "We looked at a lot of retirement communities and continued to

narrow our search until we ultimately chose Brethren Village. Elvin was raised in the Church of the Brethren and while we were making our decision, we were encouraged to see development become a reality on campus. We also appreciate BV's long history and fantastic location, it was the perfect fit for us," Linda shared.

After three years as the Resident Representative to the Board of Directors, the "timing was right" for Linda to run for Residents' Council president. "I can see how the new administration wants to evolve, and I share their goals of engagement. God has vested talents in me to use in helping others," Linda said. Linda began her two-year term on July 1, 2014.



Linda Heck

A classic type "A" personality, Linda admits she likes to multitask. As you walk around the Heck cottage and you'll see Linda & Elvin's creativity come to life. A bird bath, waterfall, and patio set are nestled among trellises, hostas, and colorful flowers and bushes. Sometimes even animal friends come to visit. The relaxing retreat belies the hard work and endless hours the Hecks invest in their landscape. "We really enjoy it," Linda beams. They also beautify parts of the campus grounds throughout the year. Over 100 geraniums in memory of loved ones were planted this summer along with petunias and other stunning selections.

Linda's goals for Residents' Council include generating campus-wide interest, a revision of the by-laws, and improved communication between Residents and administration. As Linda puts it, "We want Residents to know that they can (and should!) attend Residents' Council meetings and make their concerns and suggestions known. Only Resident Representatives can vote, but we are seeking campus-wide engagement in presenting topics and being involved. The Village population is evolving to include Baby Boomers, who are, as a generation, informed and engaged. As one of them, I am committed to making Brethren Village the best it can be."

What would people be surprised to learn about Linda? "I grew up on a chicken farm and I speak Pennsylvania Dutch," she laughs, "not many know that."

"I really feel that, for me, this is a win-win situation. I came here to live and Brethren Village is retirement living at its best!"



### New Residents

#### JUNE

David & Frances Hayward, Cottage, formerly of Lancaster, PA
Leila James, Fieldcrest, formerly of Walnutport, PA
Guy & Linda Wampler, Cottage, formerly of Lancaster, PA
Shirley Fahs, Fairview Meadows, formerly of Ephrata, PA

#### JULY

Kenneth & Patricia Matz, Cottage, formerly of Lititz, PA
Betty Ruth, Fieldcrest, formerly of Intercourse, PA
Valerie Capp, Village Garden, formerly of Lancaster, PA
Carl & Joan Brubaker, Fieldcrest, formerly of Lititz, PA
Gloria Seifried, Village Townhouse, formerly of Willow Street, PA
Ronald & Marilyn Siegrist, Fieldcrest, formerly of New Holland, PA

#### AUGUST

Keith & Marilyn Hummel, Cottage, formerly of Lancaster, PA
Hiram Royer, Fieldcrest, formerly of Lancaster, PA
William & Ruth Hannum, Fieldcrest, formerly of Moorestown, NJ
Helen McQueney, Fieldcrest, formerly of East Petersburg, PA
Raymond & Alice Martin, Fieldcrest, formerly of Ephrata, PA

# Meet the Concierge Team!

Seated L to R: Jean Becker, Marsha Vital, Diane Strawderman
Standing L to R: Bonnie Seyfried, Heidi Weidler, Debbie Daubert, Gayle Johnson, Dianne McMahon,
Debbie Spangler, Betty Applebach, Diane Weaver (Not pictured: Amy Cooke and Katie Kube)

#### Brethren Village Announces Concierge Services

Exciting things are happening at Brethren Village! In an effort to provide our Residents and guests of the Village with better assistance, Resident Services has become Concierge Services.

With this change, we are also growing our availability. The receptionist is now located in the Welcome Center and is staffed from 7AM–8PM seven days a week. Additionally, the Concierge hours at Fieldcrest will be expanded to include 8AM–4PM on weekends. Village Center Concierge hours will remain the same: 8AM–3PM week days. All three locations

are available to assist Residents and visitors.

What's New? Residents will now be able to go to the Welcome Center for services such as: making copies, buying stamps and gift certificates, signing up for BV trips, transmitting faxes, paying monthly statements, and reserving event rooms among many others. The expansion of services also provides holiday coverage at The Welcome Center Concierge Services desk from 7AM–6PM.

# Giving Comes From Your Heart Not From Your Wallet



I am well into my fourth decade of providing estate and financial planning advice. From the onset of my career, financial gifting to special family members and favorite charities were often frequent objectives in creating estate plans. Over the years, related laws and techniques have changed. Yet, the essence remains: We give because of what is in our hearts.

There can be significant advantages to making gifts to charities. Valuable assets, given directly or placed in specialized trusts, can offer beneficial tax and income opportunities. Some examples: long term capital gains can be reduced or even eliminated, as can estate and inheritance taxes. Sometimes returns can be increased substantially. The tax and financial benefits can be powerful. Besides, don't we all like to reduce taxes or earn better rates if we can?

Here's a personal observation, however: In spite of potential advantages, NEVER, EVER, NOT ONCE have I ever seen a gift come to fruition strictly because of financial advantages to the giver. If personal financial gains were the only driving force behind the gift, the gift was never made.

Gifting comes from the emotions of our hearts. Love, concern, good will, worry and caring are some of the reasons people are inspired to give. Somehow, someway, the persons or organizations they are gifting to must have touched them in a meaningful way. The WIN-WIN advantage of benefits to the giver are usually more like an unanticipated bonus rather than an expected reward... that is the way it should be.

Giving isn't about your wallet. Giving is about what is in your heart.

Would you be interested in exploring ways to make a gift to Brethren Village? Call me. Let's talk.

#### **Chuck Few**

Planned Giving Counselor, 717.581.4274, cfew@bv.org

This article is not to be considered legal advice. It is for the purpose of imparting information only. Always consult with a qualified attorney about any legal matter.



If you have a passion for gardening and love working with flowers and plants, you can continue your hobby after moving to Brethren Village.

#### The Gardens of BV

When you decide to make Brethren Village your home, you have more choices than ever before. The staff at BV is here to ensure that you live the retirement of your dreams. If you have a passion for gardening and love working with flowers and plants, you can continue your hobby (and even expand on it) after moving to Brethren Village. Whether you're moving into an apartment with a balcony, an apartment

with outdoor space, or a cottage, there are so many possibilities for creating a garden space. Once you're settled, contact the grounds crew and talk to them about your ideas.

If you have a balcony, try your hand at potted plants and vegetables like Dorothy and William Theros did. If you're on the ground level and have outdoor space, you have the

ability to try a variety of flowers and plants and some garden decorations. Harold and Jean Musser were the first occupants of their apartment to grow an amazing garden despite tree roots and a great deal of shade. If you have a cottage and a yard, the possibilities are practically endless. Take a peek at Barbara Bachman's lovely cottage shown here. Experiment with different types of flowers and colors. We encourage you to make your residence your own!

Esther Sauder, a BV Resident in Village Townhouse, plants and maintains the stunning Hidden Garden each year. This expansive retreat draws Residents out of their apartments and encourages friendships as they chat amongst the surrounding beauty. A sitting area was built so Residents could enjoy the garden, complete with water features. If you haven't seen it don't miss an opportunity to enjoy this

lovely garden.

Additionally, if you'd like to grow a vegetable garden (like the picture shown of Mary Ann Hughes' plot), you too can reserve a space on BV's campus. BV's dining services has a plot of vegetables that are grown and added to the menu once harvested. It's one important way we are bringing locally grown produce directly to your table.

If you love gardening and welcome the extra time to be able to care for flowers and plants, you may want to contact the Green Thumb Society. They are always looking for volunteers to help with campus weeding and care of the Pollinator Meadow. Of course if you moved to BV so that you wouldn't have to maintain outdoor areas anymore, don't worry! Our grounds crew will maintain everything for you. The choice is always yours.

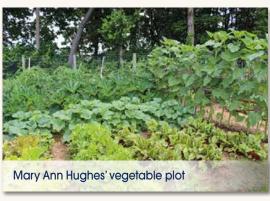


The Theros' potted balcony garden











<sup>\*</sup>To see more pictures featuring the various gardens of BV, check out the photo book coming this fall to the Welcome Center as well as our Facebook album: www.Facebook.com/BrethrenVillage



#### Some of the BV participants included:

Ist row L to R: Ron Daub, Sandy Daub, Marion Shelly, Ana McKenna, Mary Weaver, Anita Hess, Julia Stere, Naomi Johnson, Joan Hornberger, Susanne Wiest, Marian Buckwalter

2nd row L to R: Bill Evans, LaRue Helm, Elva Styer, Harley Nygren, Carl Risser, Dottie Ezard, Carl Herr, Ralph Moyer, Lucy de Perrot, Ned Evans, June Hodges, Larry Hodges, Russ Kreider,

#### BV Residents Win at Lancaster Senior Games

Brethren Village is an active retirement community that encourages health and wellness. Each year, our Residents look forward to participating in the Lancaster Senior Games and many of them come home with medals in one or more event.

The Lancaster Senior Games were held at the new location of Spooky

Nook Sports Complex where a record 49 Brethren Village Residents participated in a wide variety of events such as bocce, darts, horseshoes, and table tennis, among many others. In addition, 14 BV Residents attended to cheer their fellow Residents on! Medal winners were: Bill Culp, Lucy de Perrot, Bill Evans, Ned Evans, Dottie Ezard, Tom

Figart, Rose Gibble, Curt Good, LaRue Helm, Larry Hodges, Beatrice Kurtz, Bob Kurtz, Harley Nygren, Carl Herr, Russ Kreider, Judy Mellinger, Ralph Moyer, Carl Risser, and Elva Styer. Together they brought home 53 medals in 24 different events — 23 gold, 16 silver, and 14 bronze! Congratulations to all of our athletes who participated this year.

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#### **Arts & Culture**

September 18th @ 2:00PM — Travis Wentzel, Fiddle player (Wolfe Auditorium)

September 28th @ 3PM — Silver, Wood & Ivory, Wolfe Auditorium

Nov. 2nd @ 3PM — Jee Hyun Lim, Wolfe Auditorium

#### **Fundraisers**

September 11th all day — BV golf tournament at Fox Chase Golf Course

November 21st — Extraordinary Give, support Brethren
Village during the Lancaster Community Foundation event!

#### **Activities**

**September 18th @ 7PM** — BV Annual Meeting, Wolfe Auditorium

October 18th 10AM-4PM — BV Open House event

#### **Pastoral**

Oct 4th @ 6:00PM — Love Feast with host church, Elizabethtown COB, Wolfe Auditorium

Oct. 26th @ 3:00PM — Remembrance Service, Chapel Nov. 18th @ 7:00PM — BV Choir Thanksgiving Program, Fieldcrest Great Room

Nov. 19th @ 7:00pm — BV Choir Thanksgiving concert, Wolfe Auditorium

Nov. 26th @ 2PM — Thanksgiving Eve Service, Chapel Dec. 3rd @ 2:00pm — Advent Communion Service, Chapel

**Dec. 5th 9AM\_4PM** — Annual Holiday Bazaar and Christmas Cookie Sale, Wolfe Auditorium

**Dec 9th @ 7:00PM** — Night of Music performance, Fieldcrest Great Room

Dec. 24th @ 2PM — Christmas Eve Service, Chapel

#### **Support Groups**

**Dementia Support Group, 2nd Wednesday of each month** in the Terrace Crossing 2nd floor conference room.

#### **Caregiver Events**

October 9th @ 6PM — Taking Care: Insight and Tips for the Caregiver, Wolfe Auditorium



BrethrenVillage
3001 Liffz Pike, P.O. Box 5093
Lancaster, PA 17606-5093

The Gardens of BV



Annual Appeal



Introducing the Virtual Village

